

The Faith-Filled Catholic Women's Bible Study Program
Participant's Worksheet

Kindness

Insert M-1 through M-4

You can prepare for the discussion about the theme **Kindness** by thinking about how you would answer the following questions:

What does the word "kindness" mean to me?

What was a memorable time when someone showed me kindness? What did they do? How did I feel?

How do I think society would be changed if more people treated others with kindness?

Read Luke 10:29-37 (Page 1112).

Why is it significant that the first two people who ignored the man in need were a Priest and a Levite?

What is symbolic about the fact that it was a Samaritan (someone from outside the mainstream of society) who extended kindness to the man in need?

What is a contemporary equivalent to this parable?

Why do I think we often react just as the Priest and Levite did to people in need?

Why is just "helping a little" not enough?

Read Matthew 25:34-46 (Page 1054).

What are some examples in my recent experience of how I responded in kindness by: Feeding the hungry; Giving drink to the thirsty; Welcoming a stranger; Clothing the naked; Visiting the imprisoned?

Why is it significant that this list of actions appears under the sub-heading of "The Judgment of the Nations?"

In this context, how is kindness to others more than just "the nice thing to do?"

Is extending kindness hard to do?

Do you think society understands the importance of acts of kindness?

Group Prayer – My intentions for group prayer this week:

My Personal Response in Kindness for this week – Extend kindness by sharing a special talent, a unique skill, or even your favorite recipe with another woman in your family or a close friend. In your sharing, tell them why you cherish it.

Other Scripture on **Kindness**:

Luke 6:35 (Page 1103) * 2 Corinthians 6:6 (Page 1259) * Galatians 5:22 (Page 1275)

Ephesians 4:32 (Page 1282) * Colossians 3:12-14 (Page 1296) * 1 Timothy 6:18 (Page 1312)

Hebrews 13:3 (Page 1338) * James 2:8 (Page 1343) * 2 Peter 1:7 (Page 1355)

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