

# The Faith-Filled Catholic Women's Bible Study Program

## A Leader's Guide for Group Discussion

Faith  
Song: "One Lord"  
CD 1, Track 4

Insert D-1 through D-4  
Composer: Lorie True  
Faith-Filled Catholic Women's Bible Music CD

### Materials Needed

Faith-Filled Catholic Women's Bible and Music CD, CD player, Participant's Worksheet.

### Setting the Stage

Before this session, mail (or e-mail) any member of the group that may not have been present at the last meeting the Participant's Worksheet for this session. Also, send a reminder of the date and time of the session as well as directions to the meeting place (if different from the church). To enhance the theme of **Faith**, have the song "One Lord" playing in the background when the participants arrive.

### Warm Up - Optional (10 minutes)

You will need a cardboard box and 30 pieces of wadded paper. Ask for one volunteer. Tell her to stand near the center of the group and place the empty cardboard box somewhere behind her (but not directly behind her). Place the 30 pieces of wadded paper within reach of the volunteer. Explain to the group that their job is to give clues to the volunteer that will help her to throw the wads into the cardboard box without turning around. Make sure that the box is far enough away to make the task challenging and therefore, the advice from others helpful. Give examples of clues such as, "A little further to the left." Ask the volunteer to reflect on the feeling of having her success dependent on putting total faith in others to achieve it. Keep the activity going to see how many wads of paper the individual can successfully throw into the box. Allow additional participants to toss if time permits. Discuss other observations as a group.

### Opening Discussion (10 minutes)

Have the participants read the **Plan and Purpose** article on insert page D-1. Ask the participants to share their answers to the following questions: What comes to mind when you think about the word faith? How important is the Eucharist in the practice of your faith? Why?

### Spiritual Awakening - Opening Prayer

Read together the **Opening Prayer** at the bottom of insert page D-1.

### Spiritual Awakening - Recognizing (10 minutes)

Ask for volunteers to read aloud each of the Scripture passages in the **Recognizing** section of **Spiritual Awakening** on insert page D-2. Remind the participants that each reader will pause for a few seconds of silence after each passage to allow anyone to offer any spontaneous thought, prayer, praise or thanksgiving that this Scripture might inspire. After the final Scripture is read, ask the group, "What else do these Scriptures teach us about **Faith**?"

### **Spiritual Awakening (15 minutes)**

Read as a group the Story of Abraham and Isaac in Genesis 22:1-19 (Page 26). Then, ask the participants to share their answers to the following questions: What are some times God has challenged you to demonstrate your faith in Him? Can you give an example of how God has rewarded you because of your obedience in faith?

### **Faith in Action (15 minutes)**

Ask the participants to read the **Faith in Action** article "Just Pull the Chord" on insert page D-4. Then, have the participants share with the group their answers to the following question: What is one area in your life in which you might need to "pull the chord" and trust God for a landing?

### **Group Prayer (10 minutes)**

**Leader:** Dearest Lord, we ask You to accept our praises, hear our thanks and answer our prayers for the intentions we voice and for the intentions we keep in our hearts: **enter aloud all individual intentions.** We ask this with these words of faith. (All pray the Nicene Creed together)

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through him all things were made. For us men and for our salvation he came down from heaven: by the power of the Holy Spirit he was born of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate; he suffered, died, and was buried. On the third day he rose again in fulfillment of the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

### **Closing Prayer (5 minutes)**

Ask the participants to pray together the "Prayer for Faith to St. Joan of Arc" found at the bottom of the **Profile in Faith** article on insert page D-3.

### **Fellowship (15 minutes)**

After the session is completed and while refreshments are served, play softly in the background: "One Lord" from the Faith-Filled Catholic Women's Bible Music CD.

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